

# Pride Manchester House (RCCI)

## Local Wellness Policy

Effective Date: 02/18/2026

Approved By: Pride Manchester House, and Pride, Inc.

Applies To: All RCCI programs and school sites operated by Pride Manchester House participating in the National School Lunch Program (NSLP) and/or School Breakfast Program (SBP).

### Purpose & Scope

Pride Manchester House is committed to creating a residential educational environment that supports the health, well-being, and learning of children and youth in our care. This Local Wellness Policy establishes goals and standards for nutrition, physical activity, and related wellness practices across the school day and residential programming consistent with federal requirements.

### Leadership & Accountability

The Executive Director is responsible for implementing, monitoring, and ensuring compliance with this policy across all RCCI school sites and residential units.

A Wellness committee will meet at least annually to guide development, implementation, and evaluation. The Wellness Committee may be comprised: Executive Director, Registered Nurse, Therapist, Case Managers, Administrative Assistant, Guardians, Clinicians, residents, and cooking team members.

### Public Involvement & Stakeholder Engagement

Pride Manchester House encourages participation from parents/guardians, case workers, students/residents, food service team members, teachers, clinicians/health professionals, administrators, governing board, and the public in developing, implementing, reviewing, and updating the Local Wellness Policy.

## Standards for Foods & Beverages Sold to Students

Pride Manchester House does not sell food or beverages to students/residents outside of the meals provided. If such activities occur, they will comply with all applicable USDA Smart Snacks in School nutrition standards.

## Standards for Foods & Beverages Provided but Not Sold

- Pride Manchester House will encourage snacks that make a positive contribution to children's diets and health, with an emphasis on serving fruits and vegetables as the primary snack and water as the primary beverage.
- Pride Manchester House may provide other foods for special occasions and celebrations.

## Food & Beverage Marketing

Pride Manchester House does not market or advertise foods or beverages to students/residents. If such activities occur, they will comply with all applicable USDA Smart Snacks in School nutrition standards.

## Nutrition Education & Promotion

- Pride Manchester House will adhere to “Buy American” for the food service program.
- Nutrition education will be offered through groups and visual cues throughout Pride Manchester House.
- Pride Manchester House will link nutrition education activities with Bismarck Public Schools health program.
- Youth at each grade level will receive consistent nutrition education that teaches the skills they need to adopt healthy eating behaviors. Meal standards for breakfast, lunch, and snacks will comply with USDA Nutrition Standards for school meals.

## Physical Activity

- Pride Manchester House will provide children with age-appropriate recreational activities designed to foster physical, emotional, and social development.

- These activities will include indoor and outdoor play opportunities such as games, arts and crafts, sports, and exercise routines.
- Safe and appropriate play equipment will be provided, and children will be supervised during recreational activities to ensure their safety.
- Regular exercise and play time will be incorporated into the daily schedule to promote healthy development.

## Annual Public Notification

Pride Manchester House will inform and update parents/guardians, caseworkers, residents/students, and the community about this LWP annually the company website: [www.prideinc.org](http://www.prideinc.org)

## Triennial Assessment & Continuous Improvement

At least once every three years, the RCCI will measure and evaluate compliance, alignment with model policies, and progress toward goals. The assessment results will be made available to the public. As part of continuous improvement, the RCCI will provide team members training, monitor implementation, update this policy and take corrective action when needed to ensure ongoing compliance and best practices.

## Other School-Based Activities Promoting Wellness

- Pride Manchester House will not use food or beverages as rewards for academic performance or good behavior. Additionally, Pride Manchester House will not withhold foods or beverages for punishment. Teachers are provided with alternative ideas for class management.
- Free, safe, unflavored drinking water is available throughout the school day.
- Pride Manchester House will offer team member wellness programs such as health assessments and physical activity opportunities.
- Pride Manchester House partners with local community organizations, business, or hospitals to engage students and their families in health promotion activities.

## Fundraising

Pride Manchester House does not fundraise directly to students/residents or their families. If such activities occur, they will comply with all applicable USDA Smart Snacks in School nutrition standards.

## Employee Wellness

Pride Manchester House supports team members in pursuing healthy lifestyles that promote well-being and morale, recognizing that team members' health positively impacts student success. The program may include activities and resources to encourage physical and mental health, and partnerships with community organizations to enhance employee wellness efforts.

Approved & Implemented 2.19.26